

CHI OMEGA

MEMBERSHIP NOTEBOOK

Date: _____

SMART Goal Setting

Goal setting is the first step on the road to success — for an individual or an organization. Goals are the “directions” for where we are going in our lives. The same holds true for organizations like Chi Omega.

To begin, goals need to be SMART:

Specific, Measurable, Attainable, Realistic, Timely

Specific: What is your specific goal?

Measurable: How will you measure your success?

Attainable: Can you achieve this goal? If yes, how?

Realistic: In what ways is this a realistic goal? Make sure you are not pushing yourself too hard or not enough!

Timely: What is your timeframe for achieving this goal?

Wise Words

Your grades are the footprints
you leave behind.

— Melanie Maxwell Shain,
S.H. 1992-1998